

a pair of stop members removably attached to the board member for limiting the range of ride of the board member along either the longitudinal axis or the latitudinal axis such that the pair of stop members is attached to the board member at a respective one of the plurality of opening pairs by passing an attachment fixture through each of the stop members with the fixture being received within the opening.

Claim 2 (canceled)

Claim 3 (currently amended)

The balance board as in claim [[2]] 1 wherein the distance between each stop member and the latitudinal axis is variable.

Claim 4 (original)

The balance board as in claim 1 wherein the stops are attached to the board member on opposed sides of the latitudinal axis in order to limit the ride of the board member along the longitudinal axis and wherein the stops are attached to the board on opposed sides of the longitudinal axis in order to limit the ride of the board member along the latitudinal axis.

Claim 5 (currently amended)

The balance board as in claim [[2]] 4 wherein the distance between each stop member and the latitudinal axis is variable.

Claim 6 (currently amended)

A balance board comprising:

a cylindrical roller;

a board member having a central longitudinal axis and a central latitudinal axis such that the board member that sits atop the roller and reciprocatively rides on the roller either along the central longitudinal axis of the board member or along the central latitudinal axis;

a set of first attachment point pairs located on the board member, each first attachment point being located at equidistant location and on opposing sides of the latitudinal axis with respect to the corresponding other first attachment point;

a set of second attachment point pairs located on the board member, each second attachment point being located at equidistant location and on opposing sides of the longitudinal axis with respect to the corresponding other second attachment point;

a pair of stop members removably attached to the board member at either the first pair of attachment points for limiting the range of ride of the board member along the longitudinal axis or the pair of stops are removably attached to the board member at the second pair of attachment points for limiting the range of ride of the board member along the latitudinal axis; and.

wherein the set of first attachment point pairs includes multiple first attachment point pairs such that each first attachment point pair is located at a different distance from the latitudinal axis with respect to each other attachment point pair.

Claim 7 (canceled)

Claim 8 (new).

The balance board as in claim 1 wherein each fixture is a bolt.

Claim 9 (new).

The balance board as in claim 1 wherein each fixture is a screw.

Claim 10 (new)

The balance board as in claim 1 wherein each opening is located within a recess.

Claim 11 (new)

The balance board as in claim 6 wherein each stop of the pair of stops is attached to the balance board by passing an attachment fixture through the stop and receiving the fixture within the respective attachment point.

Claim 12 (new)

The balance board as in claim 11 wherein each fixture is a bolt.

Claim 13 (new)

The balance board as in claim 11 wherein each fixture is a screw.

Claim 14 (new)

The balance board as in claim 6 wherein each attachment point is located within a recess.

Claim 15 (new)

A balance board comprising:

a cylindrical roller;

a board member that sits atop the roller and reciprocatively rides on the roller either along a central longitudinal axis of the board member or along a central latitudinal axis of the board member;

a pair of stop members removably attached to the board member for limiting the range of ride of the board member along either the longitudinal axis or the latitudinal axis; and

wherein the stops are attached to the board member equidistant and on opposed sides of the latitudinal axis in order to limit the ride of the board member along the longitudinal axis and wherein the stops are attached to the board equidistant and on opposed sides of the longitudinal axis in order to limit the ride of the board member along the latitudinal axis.

Claim 16 (new)

The balance board as in claim 15 wherein the distance between each stop member and the latitudinal axis is variable.

Claim 17 (new)

The balance board as in claim 15 wherein the stops are attached to the board member on opposed sides of the latitudinal axis in order to limit the ride of the board member along the longitudinal axis and wherein the stops are attached to the board on opposed sides of the longitudinal axis in order to limit the ride of the board member along the latitudinal axis.

Claim 18 (new)

The balance board as in claim 15 wherein each stop of the pair of stops is attached to the balance board by passing an attachment fixture through the stop and receiving the fixture within the balance.

Claim 19 (new)

The balance board as in claim 18 wherein each fixture is a bolt.

Claim 20 (new)

The balance board as in claim 18 wherein each fixture is a screw.